

**HAWKESBURY CENTRAL
FOOD BANK**



**BANQUE ALIMENTAIRE
CENTRALE DE HAWKESBURY**

A DONATION FOR A SWIM

CAMPAIGN

EXCHANGE 3 NON-PERISHABLE FOOD ITEMS FOR A FREE SWIM FROM DECEMBER 9 TO 21, 2019

From December 9 to 21, the Rec Department is offering access to Public & Adult Swim for free in 3 non-perishable and unexpired food items for the Hawkesbury Central Food Bank Christmas Hamper Drive.

JOIN US FOR AN AQUAFIT CLASS TO HELP THE FOOD BANK

Every Monday and Wednesday, from December 8 to 21, join us for an aquafit class at the Sports Complex for only \$10. All funds raised during these classes will be donated to the Hawkesbury Central Food Bank.

WE'RE COUNTING ON YOUR GENEROSITY!

FOR MORE INFO OR FOR OUR POOL SCHEDULE, PLEASE CONTACT US!

R.H. Sports Complex | 425, Cartier, Hawkesbury
613 636-2082 | info@hawkesbury.ca
www.hawkesbury.ca
Follow us on Facebook @Hawkesbury.ON



Anyone interested in volunteering to help with the Christmas hampers, contact the Food Bank at 613 636-0666.

